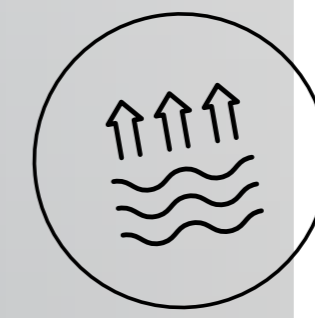


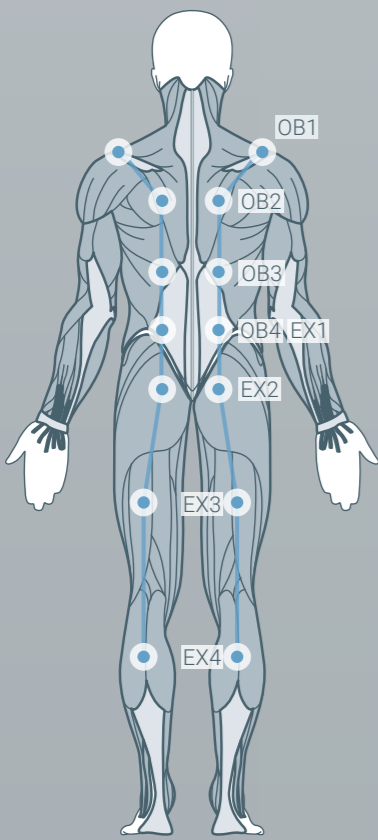
Easy to use



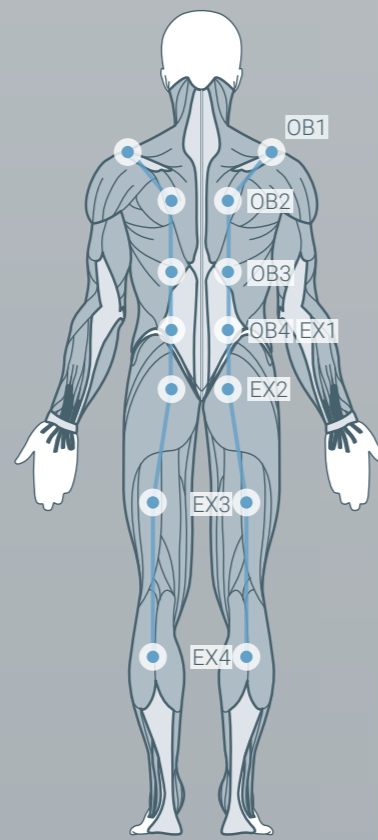
Note:

Please remove all sharp objects from your pockets before starting the massage, as these can damage the lying surface. For hygienic purposes, you should also remove your shoes before the massage. **Only lie down on the surface or get up when the massage jets are at a standstill.**

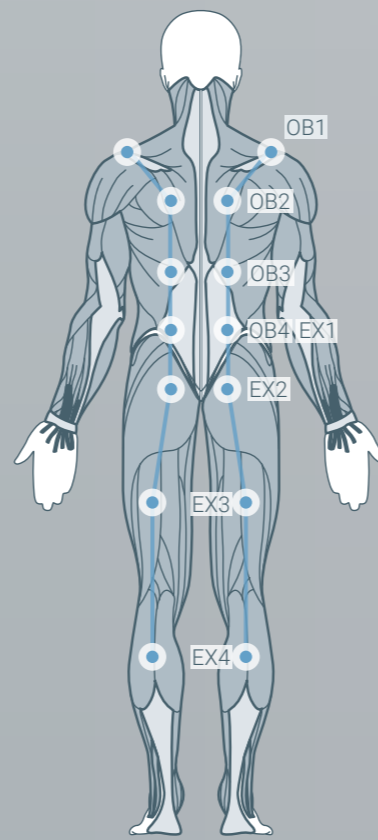
Programme 1 OB 1 - EX 4



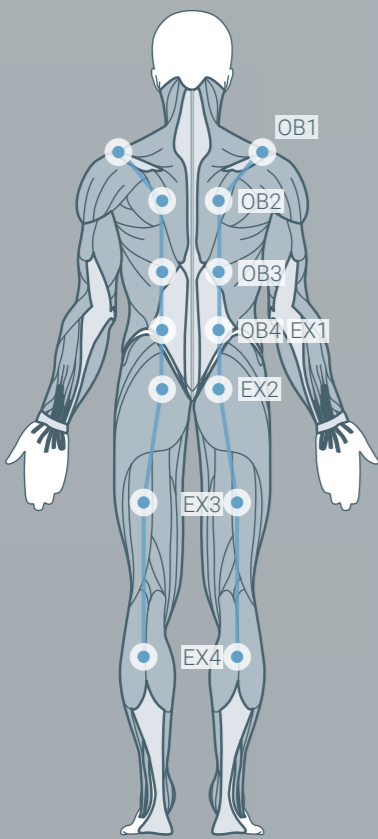
Programme 2 OB 1 - OB 4



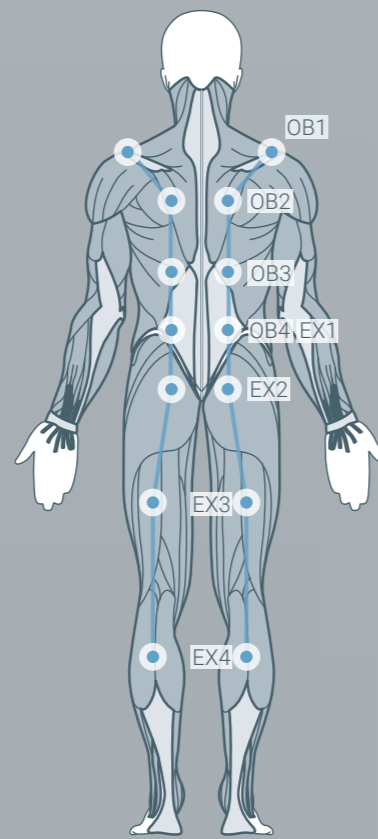
Programme 3 OB 1 - OB 2



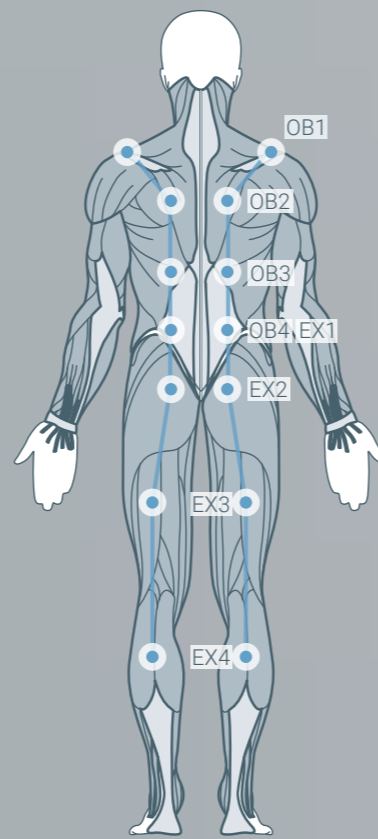
Programme 4 OB 3 - OB 4



Programme 5 EX 1 - EX 4

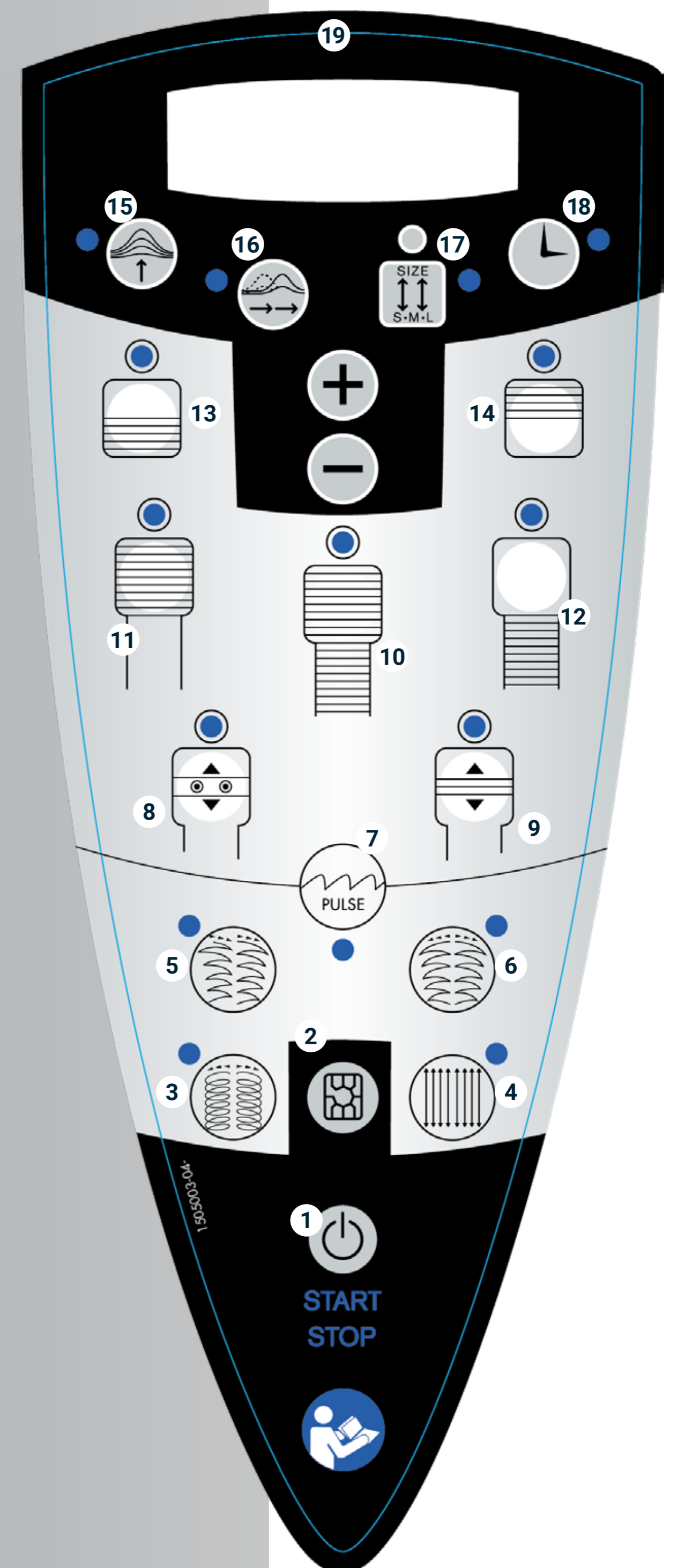


Programme 6 EX 1 - EX 3



- OB1: Shoulder / neck area: M. trapezius, M. levator scapulae
- OB2: Thoracic spine parietal vertex: Mm. rhomboidei, M. serratus post. sup.
- OB3: Upper lumbar spine to L3: M. iliocostalis lumborum
- OB4/EX1: Ileo sacral area
- EX2: Buttocks: M. piriformis, Glutealmuskulatur
- EX3: Thigh dorsal area: M. biceps femoris, M. rectus femoris
- EX4: Calf muscles: M. gastrocnemius, M. soleus

- 1 Start / Stop**
Please press to start a massage. Press briefly to pause the application. To stop the massage, please press and hold for 3 sec. The massage pressure, area, speed and body size can be changed any time.
- 2 Programme selection**
Press the programme button and select the desired programme using Plus or Minus.



MESSAGE TYPES

- 3 Circular massage
- 4 Parallel stroke massage
- 5 Parallel massage
- 6 Mirror image massage
- 7 Pulse massage

MESSAGE AREAS

- 8 Point massage
- 9 Section massage
- 10 Whole body massage
- 11 Upper body massage
- 12 Lower body massage
- 13 Lumbar area massage
- 14 Neck/shoulder massage

PARAMETERS

- 15 Water pressure
- 16 Speed
- 17 Back length (C7-S1)
- 18 Massage time
- 19 Chip card slot

Please press the corresponding button and adjust using Plus and Minus.